STENCIL 4D.

PRESENT PERFECT SIMPLE OR PRESENT PERFECT CONTINUOUS

FORM

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| PRESENT PERFECT SIMPLE. | PRESENT PERFECT CONTINUOUS |
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| HAS/HAVE + PAST PARTICIPLE  | HAS/HAVE + BEEN + …..ING |
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| He has read this book. | He has been reading this book.  |
| I’ve painted the living room blue. | I have been painting all day. |
| She has written many emails. | She has been writing emails. |

USAGE

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| * An action is finished and complete.
* I’ve written a letter. I’m going to post it now.
* We’ve bought a new house. We are going to move next week.
 | * An action that began in the past and is still in progress. (for/since are often used in these situations).
* We have been playing tennis for an hour.
* How long have you been waiting ? Since midday.
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| * We want to say how often an action has happened. (How many times / How often)
* She has broken her leg three times.
* I have read this book several times.
 | * An action that has recently stopped and which explains the present situation (the result)
* I have been carrying these heavy bags. That’s why I’m tired.
* It has been snowing for a while. The streets are white.
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| * With static verbs.

( to love, to like / dislike, to hate, to know, to believe, to mean, to need, to remember, to seem, to want, to own, to belong, to seem)* I have known it for a long time.
* She hasn’t remembered anything.
 | * An action that causes irritation.
* I have been waiting for the bus three hours. I’m fed up with it.
* He has been playing the trumpet for an hour. I am almost deaf.
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